

I give you something to make you rest. Take this!” It is taking it and sleeping a little bit, but then awakening ... This is the treatment psychologists are using now. It is something from the material world being used to treat spiritual problems. They are making big centers in which people are being treated. So many Europeans are coming and saying to me: “My son is in such a center.” Because he was using such big amounts of drugs they are taking him and imprisoning him in a big place and trying to make his drug intake down, down, down, then sending him away. And it is not true!

People may come here, so many people are coming, they are drug addicts; they come here and leave the drugs and go home. Because the Lord of Heaven is the only One who knows about you and He sent His Prophet, peace be upon him, who taught us how we should treat such people.

The first reason that caused such big problems for youngsters is that they don't believe in anything. That makes them fall into a bottomless well, into such a dark place that they don't know their left hand from their right hand.

Therefore we are trying in this small and humble association, humble meeting, to make people believe that if they are not going to make their Lord pleased they won't be able to reach pleasure themselves. If you are not trying to make your Lord in pleasure, there will be no pleasure for you from any material means. Therefore we are saying: O people, try to do something for the Lord of Heaven! Nothing from this low life will save you, no! And there will be no pleasure for mankind if they don't try to make their Lord pleased with them!

This is a very important speech, try to remember it! From East to West, from North to South, all people in the world must know this, this is a reality: You can't treat something that belongs to our spirituality with material drugs!

May Allah forgive us! Amān, yā Rabbī! Tau-ba, yā Rabbī! Please, yā Rabbanā, protect us so that we don't fall in such a terrible whirlpool! Otherwise there is no hope. There is only one way to save people from every crisis, from every badness: they must listen and follow heavenly directions – finished! Don't ask for wars or to fight, it never brings a good result, no! Don't think about changing governments, the government body or government party ... Don't try to bring the opposition to power. Your position says, “You are wrong”. Then when they come to power the others say: “You are wrong also” and the fighting continues.

It is impossible to find any rest because people are being divided into two groups; one group saying: “We are right” and the other group saying: “You are wrong” – therefore it is impossible! Speaking, speaking, only speaking...! If you switch on that shayṭānic appliance and watch: everyone is only speaking, speaking ... what is the benefit, what does it bring to people? Does it bring them to safety, a safe life, a safe future? No! They must come to Allah Almighty's heavenly orders! If not they should be taken away ...

May Allah forgive us and bless us! For the honour of that most honoured one Sayyidina Muḥammad ﷺ, Fātiḥah.

Allābumma ṣalli wa sallim ‘alā Nabīyyinā Muḥammad ‘alayhi s-salām

Ṣalātan tadūmu wa tubdā ilayh Mamarra layālī wa tūlā d-dawām! ♦

Expected Paraclete

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Expected Paraclete

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Send your Pleasure to Heaven

MAULĀNĀ SHEIKH NĀZĪM AL-ḤAQQĀNĪ, Lefke, Cyprus
Sobbet from *Taum al-itḥnayn*, ~ 11th *Shawwāl* 1428 / 22nd October 2007

As-salāmu ‘alaikum wa raḥmatullāh wa barakātuh!

*‘Aūdhu bi-llāhi mina sh-shaitāni r-rajīm,
bismi llāhi r-rahmāni r-rahīm. Lā ḥaula wa lā quwwata illā billāhi l-‘aliyyi l-‘azīm.*

By the Name of Allah Almighty, All-Merciful, Most Beneficent and Most Magnificent! Welcome to you!

(Sheikh is making a short Dhikr using:)

Allāb yā dā’im ... Allāb yā jalīl ... Allāb dbu l-jalāl ...

Subḥān Allāb, Sulṭān Allāb ... Subḥān Sensin, Sulṭān Sensin ... Ma shā’a llāh! Mā shā’a llāb!

Every time you do Dhikr, it is as if you are giving water to a dry tree. Then you may see how it opens as we do also every time we make Dhikr and heavenly rain reaches us making us powerful enough for anything, for every attack of Shayṭān!

Therefore don't forget! Your tongue must be wet with Dhikrullāh! Welcome to you!

Anything to say, Sheikh ‘Abdul Ḥamīd? (“*Astagfirullāh*”). ‘Abdul Ḥamīd was in the forest with Aḥmad Kandura making Dhikr when a big beast appeared in front of them, like a cat sitting in front of them, like this – understand? A big beast, a lion, came to them when they were making Dhikr in the jungle. It came and sat looking around ... Kiss his hand! Where is Aḥmad Kandura? He is never asking for me ...

Yā Rabbī, Shukr! Welcome to you! Welcome to those people who want to be welcomed by Heaven. You are coming to a meeting that is only for the last day, this is a meeting for Allah. You have come from long distances to reach some spirituality, because spirituality enables you to stand up and be able to do something for Allah. It is not easy for anyone to give heavenly service without reaching such a spiritual meeting.

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We might only have one or two people attending, more or less, but all of them are asking for Allah Almighty's Pleasure. Whoever asks for Allah Almighty's Pleasure will go from here with pleasure. "*Al-jazā'umin jinsi l-'amal*".* You are trying to make your Lord Allah Almighty pleased with you and you are trying to send pleasure to His Divine Presence and Allah Almighty returns what you are sending.

You are sending according to your capacity and Allah Almighty has no limit! How can you ask about a size for Him who exists from pre-eternal up to eternal – *a'ūdhu bi-llāh!* You are sending according to your size pleasure and you are trying to make your Creator, your Lord, Lord of Heavens, Lord of Creation, pleased.

What can an ant bring to a thirsty person? Even if one billion ants bring water it can only be one billion *dbarra*, atoms, more or less. If you are collecting the water from one billion ants in your mouth, do you think that your thirst will be satisfied? It is impossible, but if an ant runs to a thirsty person and says: "I am running to make that person free from thirst and to reach pleasure and to make him happy; because he is thirsty I must reach him", it will be rewarded according to its intention and by its efforts in running to save a thirsty person.

And we also. What will reach the Divine Presence from the effort that we are making? Only our intention to make our Lord pleased with us! And Allah Almighty sends their rewards back saying: "O my Angels, make My servants who are asking to make Me pleased and sending their pleasure to Me, happy and in peace and in pleasure and in satisfaction and in honour!" This is true. What are we doing, what can we send? Zero or less than zero! But the Lord of Heavens will be happy and pleased with us. And the most important thing for man in his life is

to try and send more pleasure from himself, from herself, from itself, from themselves to the Divine Presence so that Allah Almighty says: "Oh! My creatures as they can do, as he can do, as she can do, are sending pleasure to Me!"

People are now living in the fire of Hell with no pleasure. They may have billions or trillions of Dollars or Euros or Pounds, but that doesn't make them happy, no. Perhaps it makes them more sad, with even less pleasure, because they are always thinking: "What is going to happen tomorrow? There may be a flood and it will take my treasure away. There may be an earthquake which will destroy all my big buildings and may touch my skyscrapers and in seconds they will disappear ..." Therefore you can't find anyone of those people in peace. You may be the President and say: "Today I am the President, but tomorrow I don't know what's going to happen. Perhaps people will say, 'We don't like such a President' and they may come and take our power and we will remain without anything!"

Such thinking is giving them sadness. They are not happy because: "I may go to sleep at home but in the morning I may be in prison. Or I may be sleeping in my house now but tomorrow morning I may be buried in the graveyard." Therefore they are never going to be happy, they are never reaching any satisfaction or pleasure in their lives. Because they only have material possessions. They have so much, but it never gives them pleasure.

But if a person tries to do something, observing that if I am doing this maybe my Creator, my Lord, will be happy with my effort, with my actions, he may be in pleasure! Yes, everything that you do for your Lord's Glory should bring you more pleasure from Allah Almighty, more satisfaction, more enlightenment, more glory, more honour from His Divine Presence. But people are *jābil*, ignorant; they think that they

are at the highest level in history. But they are completely wrong. Because they never take any care of their Lord's pleasure, they will never be able to reach pleasure in this life. This is the biggest *balab*, curse, for them because they have forgotten their Lord, their Creator, and they have also forgotten their Lord's pleasure for them and so this darkness covers them.

And now there is a kind of illness that is increasing – but it is not really an illness that belongs to your physical being: it is depression. Depression is a new illness and it is not to do with our physical being but with something else. And now the number of psychologists is growing and growing because people's depression is increasing. And these psychologists are not having any effect on people. They are only saying: "Use this!" But the illness is not something from the material world, no, it is something in our lives that belongs to our spiritual being and you can't treat a spiritual restlessness with material means. But they don't know about this and they say: "Take this ..." or "Take that to calm your nerves ..."

Think for example about a donkey which is shouting without stopping and you don't give that donkey barley or wheat or corns. And you say: "O my brother!"

"Do you think that I am your brother?"

"I think that you are my brother in law ..." Tauba, Astaghfirullah!

"What is the matter with you that you are always shouting?"

"O my master, even I don't know ..."

"Let me give you some medicine to make you quiet, giving you rest."

"Eh, we may try ..."

And you give the donkey some medicine, some drugs, saying: "O my Darling, I may give you a kind of medicine that makes you calm and after a while you won't be able to stand up on your legs, you must sit down. And after I give you

another drug, a more powerful drug, you should feel that you are not able to open your eyes and you will sleep, taking your rest."

But the donkey needs barley, the donkey is hungry! It is not in need of drugs, it needs barley because it is hungry! When he is hungry he will become angry, when angry he shouts and kicks whoever comes!

And the veterinarian comes – *yā Hū* – but never understands the reason why the donkey is shouting, crying and kicking! They think that there is something wrong with its nervous system but it is not able to say: "I am hungry!"

And that depression is increasing now in our time, day by day it is increasing, and those psychiatrists say: "Don't worry, I shall give you a very good ..." – and they don't say drug, they say pill – "I shall give you a pill. Use it once in the morning, once in the evening. If you don't get a good result, make it two-two. If then there is no result, make it 3-3 and if that is not enough, make it 5-5." And finally: "Make it 10 ..." And then the person is falling down and passing away.

"Oh, now you have reached real rest, my friend, my Darling, you have passed away!"

They don't ask what is the real reason for depression!

In a Turkish newspaper I was looking at yesterday it was written: "Stress – there is no treatment for stress". I am asking why? Because you are giving something that is not used for that illness! It is not something that is found in their material being but it is a spiritual problem. Because you never give anything, take any care about your spirituality, therefore there is going to be 'stress' or 'depression'.

The lady who wrote this article said that there is no treatment for stress. That is as far as their knowledge reaches. As we said now: When a donkey is hungry it shouts and kicks and they say: "O my friend, don't be worried,

* [The reward is of the same kind as the work.]