

لَا يَتْرُكُونَكُمْ أَبَدًا  
قَدْ آتَانَا الشَّيْخُ نَازِمٌ الْأَفَنْدِي، قَدَسَ  
اللَّهُ سِرَّهُ، نَصِيحَتُهُ  
:

Lā yatrūkūnakum abadan.  
Qad a'ṭānā ash-Shaykhu Nāzim al-  
Afandī, qaddasa Allāhu sirrahū,  
naṣīḥatan:

They never abandon you.  
Shaykh Nāzim Efendi, qaddasa Allāhu  
sirrahū (may Allāh sanctify his secret),  
gave us the advice:

أَحْفَظُوا الْعَلَاقَةَ وَالصِّلَةَ بِأَوْلِيَاءِ اللَّهِ فِي  
قُلُوبِكُمْ. وَتَمَسَّكُوا بِطَرَفِهِمْ فَإِنَّهُمْ حِمَايَةُ  
لَكُمْ، وَهُمْ يَعِينُونَكُمْ فِي الدُّنْيَا وَالْآخِرَةِ.  
كَلِّمُوا دَخَلْتَ الظُّلْمَةَ أَوْ الْحُزْنَ فِي قُلُوبِكُمْ،  
فَاسْرِعُوا لِتَجِدُوا وَاحِدًا مِنْهُمْ. فَإِنَّهُمْ  
مَنْبَعُ رَحْمَةٍ لِلْبَشَرِيَّةِ كُلِّهَا. فَإِنْ لَمْ تَجِدُوا  
حَيًّا، فَابْحَثُوا عَنِ الدِّينِ فِي الْقُبُورِ. فَقَدْ  
تَجَلَّسُونَ سَاكِنِينَ يَهْدَوْنَ، فَيَفْهَمُونَ  
سَرِيعًا مَا  
تَحْتَاجُونَ إِلَيْهِ.

Ihfaẓū al-‘alāqata waṣ-ṣilata bi-awliyā’i  
Llāhi fī qulūbikum. Wa tamassakū bi-  
ṭuruqihim. Fa-innahum ḥimāyaton  
lakum, wahum yu‘īnūnakum fī ad-  
dunyā wal-ākhirah. Kullamā dakhalatī  
az-ḡulmah awī al-ḥuzn fī qalbikum, fa-  
asri ‘ū litajidū wāḥidan minhum. Fa-  
innahum manābi‘u raḥmah lil-  
bashariyyati kullihā. Fa-in lam tajidū  
ḥayyan, fa-ibḥaṭū ‘anī alladhīna fī al-  
qubūr. Faqad tajlisūna sākhinīna  
bihudū’, fayafhamūna sarī‘an mā  
taḥtājūna ilayh

Preserve the relationship and the bond  
with the friends of Allah in your hearts.  
Hold firmly to their paths. For they are a  
protection for you, and they help you in  
this world and in the Hereafter.  
Whenever darkness or sadness enters  
your heart, hasten to find one of them.  
They are fountains of mercy for all  
humanity. If you cannot find one alive,  
then seek those in the graves. You may  
simply sit quietly and still, and they will  
quickly understand what you are in need  
of.

ضَعُوا قُلُوبَكُمْ أَمَامَهُ، فَيُعْطِيَكُمْ نُورًا  
وَفَرَحًا، وَيُرْفَعُ الشُّكُوكَ، وَيَحْضُرُ الثِّقَةَ،  
وَيَجُولُ الْإِنكَارَ إِلَى إِيْمَانٍ، وَالْهُمُومَ إِلَى  
طُمَأْنِينَةٍ. وَيُمْكِّنُكُمْ أَيْضًا أَنْ تَضَعُوا  
قُلُوبَكُمْ أَمَامَ الَّذِي هُوَ أَقْرَبُ إِلَيْكُمْ  
رُوحَانِيًّا، أَوْ أَنْ تَجْعَلُوا وُجُوهَكُمْ أَمَامَ  
وَجْهِهِ وَتَغْمِضُوا عَيْنَيْكُمْ. جَمِيعُ أَوْلِيَاءِ  
اللَّهِ يَلْبَسُونَ ثِيَابًا إِلَهِيَّةً مِنْ بَحَارِ الصِّفَاتِ  
الرَّبَّانِيَّةِ، وَهُمْ يَكْسِبُونَكُمْ بِهَا عَلَى قَدَرِ  
قُدْرَتِكُمْ. مَا عَلَيْكُمْ إِلَّا أَنْ تَذْكُرُوهُمْ فِي  
قُلُوبِكُمْ، فَيَسَاعِدُونَكُمْ

Ḍa‘ū qulūbakum amāmahu, fa-yu‘ṭikum  
nūran wa-faraḥan, wa-yarfā‘u ash-  
shukūk, wa-yuḥḍiru ath-thiqah, wa-  
yuḥawwilu al-inkār ilā īmān, wal-humūm  
ilā ṭuma’nīnah. Wa yumkinukum ayḍan  
an taḍa‘ū qulūbakum amāma alladhī  
huwa aqraḇu ilaykum rūḥāniyyan, aw an  
taj‘alū wujūhakum amāma wajhihi wa-  
tughmidū a‘yunakum. Jamī‘u awliyā’i  
Llāhi yulbasūna thiyāban ilāhiyyatan min  
baḥāri aṣ-ṣifāti ar-rabbāniyyah, wahum  
yuksūnakum bihā ‘alā qadr wus‘ikum.  
Mā ‘alaykum illā an tadhkurūhum fī  
qulūbikum, fa-yusā‘idūnakum.

Place your heart before him, and he will  
swiftly give you light and joy, remove  
doubts, bring trust, turn denial into faith,  
and worries into confidence. You may  
also place your heart before the one who  
is spiritually nearest to you,  
or place your face before his face and  
close your eyes. All the friends of Allāh  
are clothed in divine garments from the  
oceans of divine attributes, and they  
clothe you with them according to your  
capacity. You only need to remember  
them in your heart, and they  
will help you

أَلَا إِنَّ أَوْلِيَاءَ اللَّهِ لَا خَوْفَ عَلَيْهِمْ وَلَا هُمْ  
يَحْزَنُونَ •

Alā inna awliyā’a Llāhi lā khawfun  
‘alayhim wa-lā hum yaḥzanūn

The friends of Allāh do not fear, nor  
will they be grieved. (10:62)