



Laqad waşalnā ilā shahri şafar, aş'abu shahrin fi t-taqwīmi l-islāmī, wa qad awşā sh-shaykhu Nāzim afandī, bi l-istighfāri thalāthumā'ata marra yaw-miyyan li l-wiqāya min şu'ūbati shahri şafar.

We have reached the month of Safar. It is the most difficult month in the Islamic calendar. Sheikh Nazim Efendi's instruction was to read „Astagh irullāh“ 300 times every day for protection against the difficulties of the month of Safar.

Wa awşā kadhālika bi ş-şadaqati wa l-baqā'i bi l-bayti idhā amkan, la'anna l-bayta ħimāya wa l-mashākila lan taşila ilaynā fi l-bayt. Man kāna lahu 'amalun aw tijāratun fa l-yakhruj bi qadri l-ĥāja wa man tawajjaba 'alayhi s-safara fa l-yataşaddaq qabla s-safar, fa yakūnu dhālika ħimāyatan lahu inshāAllāh.

He also instructed to give Sadaqa every day and to stay at home if possible. Because our house is our protection and troubles will not reach us there. People who work or have a business can go out of the house, but not too much. Those who have to travel give sadaqa before they leave, and it is tamam, and you will be protected inshāAllāh..

Wa awşā kadhālika bi qirā'ati āyati l-kursī sab'a marrātin fi l-yawm, li takūna kadhālika ħimāyatan lahu fi shahri şafar, wa ākhiru arbi'a'in sayakūnu aş'aba yawmin fi s-sana, fa yajibu an nurāqibahu bi 'ināya wa naqra'u l-qur'āna wa nadhkuru l-llāh li naḥşula 'alā afḍali ħimāya, wa idhā it-taba'ta waşāya sh-shaykhi fi hādha sh-shahri sa takūnu maḥmī. Wa kāna yaqūlu „şafaru l-khayr“, mā ya'nī anna sh-shahra mumkin an yamurru bi khayrin wa bi dūni mashākil.

And the Sheikh says read Ayatu l-Kursi seven times daily, also for protection in safar. The last Wednesday will be the most violent day of the year, so we observe it carefully, read Quran and do more Dhikru Llah and get the best protection. And if you continue to act according to Sheikh's advice, you will be under protection in this month. He was saying „Safar al khair“, which means that the month can pass in a good way, not with problems.

Wa yūşā kadhālika bi taghṭiyati ar-ra's, laysa faqat fi ş-şalāh, wa lākin fi kulli waqt, li annahu yu'ti ħimāyatan khāşşa

One recommendation is also to keep your head covered, not only in prayer, but always. This gives special protection.

إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ
يَا أَيُّهَا الَّذِينَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا